



**MESYUARAT PEMURNIAN SKOP AMALAN
BAGI PROFESION *NUTRITIONIST* DAN *DIETITIAN*
BAGI PERSEDIAAN KE ARAH PENGUATKUASAAN
AKTA PROFESION AHP 774**

APPENDIX 2

**24 Mei 2019, 9.00 PAGI
BILIK MESYUARAT PEMAKANAN,
KKM**



Definition & Scope Of Practice **- *Dietitian***

Definition of Dietitian

A Registered Dietitian is professionally trained to prescribe medical nutrition Therapy for the purpose of disease management. He/she conducts the nutrition care process to assess and diagnose nutrition problems, set priorities, establishes goals, prescribes and implements dietary plan, monitors and evaluate outcomes in disease management. He/she plans menus for therapeutic diets to meet nutritional requirements of individuals and groups.

Sumber: Mesyuarat Penyelarasan Skop Tugas Bagi Profesion Pegawai Sains (Pemakanan) & Pegawai Dietetik Di Bawah Program Kesihatan Awam (12 Februari 2019)

Scope of Practice

1. Provides Medical Nutrition Therapy (MNT) which involves nutrition assessment, nutrition diagnosis, nutrition intervention, monitoring and evaluation tailored to prevent, delay, or manage diseases and/or conditions in individuals and groups
2. Prescribes therapeutic/specialised diets, nutrients, oral nutrition supplements, enteral nutrition and parenteral nutrition to meet MNT goals
3. Provides nutrition education and diet consultation to meet MNT goals
4. Plans menus and recipes for therapeutic/specialised diets to meet MNT goals.
5. Conducts professional activities such as setting practice guidelines and policies, research, audit & quality assurance, education, training & advocacy for MNT services and promote health